

NorValNews

November 2019

NorVal Electric Cooperative, Inc.

NorVal's Busy Fall!

FLU CLINIC

October 1st the Blue Cross Blue Shield Care Van, staffed by the Valley County Health Department, met at the Opheim Office for a Flu Clinic. There were about 25 participants who took part in the vaccination clinic. Stay well this Fall!



VC POOL CAMPAIGN

NorVal Electric, in conjunction with CoBank's Matching Success program, presented the Valley County Community Pool Campaign members with a check for \$5,000 for the construction of the new community pool. Below Left to right: VCCPC member Maggan Walstad, NorVal General Manager Craig Herbert, and VCCPC member Ann Kulczyk.



HOMECOMING

September 20th some of the NorVal Employees and their children rode on the bucket truck "float" for the Glasgow High School Homecoming Parade. The throngs of kids and adults along the parade route were treated to candy and footballs.



The 6th Cooperative Principle in Action

At the root of any cooperative, you'll find 7 principles that we strictly adhere to in order to operate. Accounts Payable and Communications Coordinator, Leila Seyfert joined forces with the Member Services Manager from Sheridan Electric Scott Westlund, to meet with the students of Scobey's 6th, 7th, and 8th graders. The presentation included a history of cooperatives, including electric co-ops, and the important role they continue to play today. The students were then broken into smaller groups to form their own co-op and discuss a specific principle assigned to them, break down what it means, and how it affects their co-op today. The students were eager to learn and had some great suggestions. These kids, aged 12 - 14, will shortly be the future faces of the membership of Sheridan and NorVal Co-op! Introducing them now to the unique business model and our guiding principles, rich history, and future goals helps prepare the next generation about why this business model has survived and continues to thrive today! 



Scott Westlund coaches the new "co-op" on operating procedures.



The "co-op" director writes down the notes to present to the entire "membership" of the class!

Recipe Corner

Pumpkin Cookies w/Cream Cheese

Ingredients

- 2 c. all purpose flour
- 1 tsp. baking powder
- 1 tsp. ground cinnamon
- 1/2 tsp. baking soda
- 1/2 tsp. ground nutmeg
- 1/2 tsp. ground ginger
- 1 c. butter
- 3/4 c. white sugar
- 3/4 c. brown sugar
- 2 tsp. vanilla
- 1 egg
- 1 (15 oz) can pumpkin puree

Frosting:

- 1 (3 oz.) pkg cream cheese softened
- 1/4 c. butter softened
- 1 tsp. vanilla extract
- 2 c. confectioners sugar

Directions

Preheat oven to 350, lightly grease baking sheets. Sift together flour, baking powder, cinnamon, baking soda, nutmeg and ginger. In a separate bowl cream butter, white sugar, brown sugar, vanilla and egg, beating until smooth. Add in pumpkin puree. Once combined, slowly add in dry ingredients. Spoon batter into baking sheets, bake for 10-15 minutes. Once slightly cooled, remove from sheet and move to waxed paper to completely cool. Beat together first 3 ingredients of frosting recipe, then add in confectioners sugar slowly. Add to cookie (either as frosting, or as filling!) Enjoy! 🍪



Our hearts go out to the family of retired Valley Electric Lineman Leo Murr on his passing on October 2nd. Leo dedicated over 30 years of service to the cooperative. He started his career in 1956 as a Ground Man, and was promoted to Lineman in 1960 where he worked in that capacity for another 30 years. His infectious smile and warm heart will be greatly missed. 🍪



We will be closed November 28th and 29th to celebrate the Thanksgiving Holiday with our families and friends. If you need immediate assistance, please call the office at 406-228-9351. Wishing you a wonderful (and filling) holiday!



Connect With Us

- 📍 54091 US Hwy 2 W., Glasgow
 - ✉ PO Box 951, Glasgow, MT 59230
 - 📞 406-228-9351
 - 🌐 www.norval.coop
 - 📘 facebook.com/norvalelectric
- This institution is an equal opportunity provider and employer.

NorVal Electric Cooperative Directors

District 1	Lee Risa	762-3247
District 2	Sam Gundermann	724-3405
District 3	Rick Molvig Vice Pres.	367-5328
District 4	Chris Christensen	364-2367
District 5	Kurt Breigenzer S/T	228-9465
District 6	Ron Reddig President	392-5257
District 7	Rocky Kittleson	367-5366
District 7	Gary Meyer	526-3600

Energy Efficiency Tip of the Month

Heating requires more energy than any other system in your home, typically making up about 42% of your energy bill. With proper equipment maintenance and upgrades like additional insulation and air sealing, you can save about 30% on your energy bill.

Source: energy.gov

